

Welcome back to a brand-new year with Cairns Surf Life Saving Club!

We hope you all had a safe, fun, and relaxing holiday season, and are excited to dive into another fantastic year on the beach. As we return to patrols, training sessions, and community events, we look forward to seeing familiar faces and welcoming new members to our surf lifesaving family.

UPCOMING DATES FOR YOUR DIARY

Bunnings Fundraising BBQ | 8th Feb

Assistance on the day will be required. Further details to follow

Cairns SLSC AGM | 1st March

All members are invited to attend Cairns SLSC Annual General Meeting in the Club Room, Saturday 1st March 2:30pm.

Open Day | March 23rd

For new & returning members, our Open Day on Sunday March 23rd will offer fun beach activities, demonstrations, and the opportunity to meet our friendly team. You'll also get a firsthand look at what it means to be a surf lifesaver and how we keep our beaches safe. Plus, if you're ready to make a splash, you can sign up and become a member on the day! Everyone is welcome—bring your friends and family and discover how you can be part of our surf lifesaving community.

Bronze Medallion Course | Start Date 5th April

Completing the Bronze Medallion course is an exciting and rewarding journey that equips you with essential lifesaving skills, including surf rescues, CPR, first aid, and water safety techniques. It's the perfect way to boost your confidence in the ocean, stay fit, and make lifelong friendships while giving back to the community. Whether you're looking to patrol the beach, compete in surf sports, or simply challenge yourself, this course is your gateway to becoming an active and valued member of our surf lifesaving team.

Ready to take the plunge? Stay tuned for more details coming soon! In the meantime, be sure to have the following essentials ready before the start date of Saturday 5th April.

Prerequisites:

be a financial member

be at least 15 years of age on the final assessment date.

have your own members portal [SLS Members Area - Create Account](#)

hold a valid blue card, CSA & CYRMS (if over 18) [Blue Card Services Applicant Portal](#)

attain your Unique Student Identifier (USI) [Get your USI | Unique Student Identifier](#)

400m pool swim in 9mins or less [F_POOL_SWIM_ASSESSMENT_TEST_FORM.01](#)

QLD Youth Surf Life Saving Championships

Our incredible young athletes, who will be representing the North QLD Branch at the State Championships in Tugun from March 13th-16th, have been training tirelessly in preparation for the event. I'm sure you'll join us in wishing them all the best as they continue their training journey.



Australian Surf Life Saving Championships

We've already received a few nominations for the Australian Youth Championships, starting on March 29th. If you're interested in being nominated for this event or the Senior & Master Championships, please let me know. Nominations are submitted through SEMS.

07 4059 1263 | surf.admin@cairnssurfclub.com.au

SUPPORTERS CLUB

Our Supporter's Club was the place to be on New Year's Eve, with over 500 people celebrating the arrival of the New Year, making us the highlight of Palm Cove

Did you know your CSLSC Membership entitles you to free membership to the Supporters Club, if you haven't signed up yet what are you waiting for? Next time you are in hand in the completed membership form [Membership Form 22-23.docx](#) to enjoy membership discounts.

Let's make this season one to remember— if you have any questions or anything to add to the newsletter make sure to let me know 07 40589 1263 | surf.admin@cairnssurfclub.com.au

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- Promote fair play over winning at all cost
- Encourage and support others
- Respect officials' and coaches' decisions
- Thank players, coaches and officials

I won't

- Use bad language or harass or abuse anyone
- Criticise or ridicule anyone's performance
- Lose control of my emotions
- Be dishonest or show unsporting behaviour
- Be disrespectful

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