

CAIRNS SLSC NEWSLETTER

Message from Cairns SLSC President, Tony Hannan

I'm incredibly proud to share some fantastic news with you!



Hot off an outstanding performance at the QLD Pool Rescue Championships, bringing home 1 silver & 1 gold medal, Hamish Smallbane has been selected for the QLD CYCLONE Team to represent Queensland at the **Australian Pool Rescue Championships!** 🏆 🥈

This is an exceptional achievement, and a reflection of Hamish's commitment, effort, and talent. On behalf of the entire club, congratulations, Hamish! We'll all be cheering you on.

I'd also like to take a moment to recognise **former member Cooper Hudson**, who has also earned selection onto the team. It's fantastic to see our club's legacy continuing to shine at the highest levels.

Wishing both Hamish and Cooper every success as they prepare to compete on the national stage. We're so proud of you! I'd like to add a massive congratulations to Abby Bissett who came away with 4 medals and I have a feeling is on the selectors list for future teams.

Our success continued at the beautiful Mission Beach! Our club took out the overall carnival win, and Cairns's competitors put in an outstanding performance across the board—well done to everyone involved! A very special thank you to all the amazing volunteers who helped at Mission Beach. Your time, energy, and enthusiasm made the day a huge success.

This is certainly a busy time of the season, with triathlons, swimming carnivals, and running meets all happening this weekend (27th July). As a result, some of our age managers and water safety officers will be tied up elsewhere. If you're available this weekend and can lend a hand, please get in touch with our fabulous JAC, Richard Young (0415 066 423), or Jill (07 4059 1263). Every bit of help makes a big difference!

Looking ahead, we're aiming to recruit some assistant age managers to help cover any future gaps. So, if you're a new family or member and keen to get involved, please reach out to any board member or our Administrator, Jill.

Head over to our Facebook page to see all the fantastic photos from the carnival—so many great moments captured! [Facebook](#)

Thanks again for your support, we're off to a great start!
Your Fun, Friendly, Fitness, Family Club President

Tony

Surf Sports Update from Surf Sports Officer, Shaun Taylor

MISSION BEACH UPDATE

What an awesome weekend at Mission Beach! 🌊❤️

A massive well done to all our competitors – for some it was your very first carnival, and for our U14's, your first carnival on mals. You all gave it your best and we are so proud of every single one of you! 🙌🙌

★ Special shout-out to Cairns who finished on top of the leaderboard with an incredible 1262 points!

SLSQ North Queensland Branch / 2025 Mission Beach Carnival

Club leaderboard

Rank	Club	Points	1st	2nd	3rd	4th	5th	6th
1	 Cairns	1262	85	67	54	40	30	21
2	 Mission Beach	514	25	19	28	29	23	24
3	 Ellis Beach	505	24	32	21	25	15	12
4	 Port Douglas	474	34	29	16	12	10	5
5	 Etty Bay	369	11	20	21	24	16	15
6	 Noosa Heads	82	10	3	1	1	-	-
7	 Arcadian	36	6	-	-	-	-	-

🏆 And to finish the carnival in style – we brought it home by winning the All-Age Relay! 🏆🔥
Such a fantastic effort from everyone – thank you for representing our club with pride and spirit!

🙌 To everyone who helped over the weekend – thank you! ❤️

Whether you were volunteering for water safety, IRB driving, officiating, age managing, or supporting as parents and helpers on the beach – we could not have done it without you. 🌊🙌

Your time and effort make carnivals like this possible, and we're so grateful for everything you do to support our nippers and our club. 🙌🌟 Thank you, team! ❤️❤️

NEXT STOP ETTY BAY CARNIVAL

Calling all Juniors, Seniors and Masters! 🏄‍♂️

Get ready to hit the sand — our second beach carnival of the year is just around the corner! The Etty Bay Surf Life Saving Club Carnival is happening 9/10 August, and it's the perfect chance for everyone, whether you're new to surf sports or a seasoned pro, to get involved and have a fun weekend with family and friends.

📅 When: 9/10 Aug 2025

📍 Where: Etty Bay Surf Life Saving Club

✅ All nominations must go through Jill in the office to secure your spot. **Entries needed COB 28/07/2025**

📄 Bulletin link with full details - [Etty-Bay-SLSC-Carnival-2025-Entry-Bulletin-V1.pdf](#)



QLD STATE POOL RESCUE CHAMPIONSHIPS – Recap

2025 QLD State Pool Rescue Championships – Done and Dusted!



What a fantastic weekend of racing it was, and Cairns SLSC couldn't be prouder of our junior athletes' outstanding achievements.

Our club secured 2 individual gold medals (Abby Bissett & Hamish Smallbane), 3 silver medals (Abby & Hamish), and a bronze (Abby), with Cairns's competitors placing in the top 8 in most events throughout the weekend.



As a regional Queensland club, it's a huge effort to get our athletes to these competitions, so a massive shout-out goes to their dedicated parents and our hardworking club coaches who make this possible.

We'd also like to extend a special thank you to Emu Park, Tannum Sands, and Yeppoon Surf Lifesaving Clubs for lending us some members so our kids could participate in team events.

It was also great to catch up with some former members who have since moved south and joined Northcliffe SLSC. It is always wonderful to see the strong connections that surf lifesaving creates.

As you may have already read, Hamish has been named to the prestigious QLD Cyclone Team, a massive achievement! He joins former teammate Cooper Hudson, who, since moving to Northcliffe SLSC, has continued to excel and represent at the highest level.

We wish both Hamish and Cooper all the best as they prepare for the Australian Pool Rescue Championships.



SECONDARY SCHOOL SURF LEAGUE

Interested in Competing in the Secondary School Surf League?

If you're keen to take part in the Secondary School Surf League on Aug 1st at Yorkeys Knob, please contact your HPE teacher as soon as possible. The branch has sent all the competition details to Peninsula School Sport, who have forwarded them to every school.

Don't miss out on this great opportunity to represent your school and encourage your friends to join they might even become future members of our surf club 😊



 Upcoming Events – Mark Your Calendars!

- **1 August – Secondary School Surf League** • *Yorkey's Knob*
- **2 August Food & Wine Frolic** • *Supporters Club*
- **8–10 August – Pool Rescue Interstate Championships** • *Adelaide*
- **9–10 August – Etty Bay SLSC Carnival** • *Etty Bay*
- **30–31 August – Cairns SLSC Carnival** • *Cairns Surf Life Saving Club*
- **13 September – Ellis Beach SLSC Carnival** • *Ellis Beach*
- **14 September- Gran Fondo** • *Fundraising stall at Cairns SLSC*
- **10–11 October – NQB Surf Rescue Championship** • *Port Douglas*
- **11–12 October – NQB Branch Championships** • *Port Douglas*
- **31 Oct-2 Nov North Aussie Championships** • *Mackay*

If you have any questions, please don't hesitate to contact me: Shaun, Surf Sports Officer, at surfsports@cairnssurfclub.com.au

2025 Training Schedule

2025 CAIRNS SLSC TRAINING SCHEDULE					
Day	Time	Greencaps U6 & U7	Nippers/Juniors U8-U14	Youth U15-U17	18+
		Training will commence when the nets come out. Requirements: Sheldon pinky, green/club cap and stinger suit		Training will commence when the nets come out & conclude the Sunday before North Aussies. Requirements: Sign attendance register, Sheldon pinky for all sets & CLUB NODDY Saturday Iron sets	
Monday					
Tuesday	0600-0645		Boards U11-U14 By invitation when competent	Boards	Boards
Wednesday	0600-0645			Skis	Skis
Thursday	0600-0645		Boards U11-U14 By invitation when competent	Boards	Boards
Friday	0600-0645 1630-1730		Boards U9-U14	Skis	Skis
Saturday	1500-1645			Iron	Iron
Sunday	0730-0900		U11-U14 Junior Development By invitation when competent All JD kids are also required to attend nippers Pancake Breakfast provided	Jet Ski, IRB Training Age restrictions apply to certain aspects Pancake Breakfast Provided	Jet Ski, IRB Training
	0900-1000			Skis	Skis
	0930-1100	Greencaps			
	0930-1130		U8-U14 Nippers/Juniors		



Junior Activity Update from JAC Richard Young

Firstly, I want to extend a huge thank you to all the parents who have supported our junior activities so far this season. Your involvement makes a world of difference, and it's been fantastic to see the kids growing, learning, and enjoying their surf lifesaving journey.

Seeing the nipper's enthusiasm & dedication out on the water & on the beach reminds me why we do what we do. 😊

To keep this momentum going and ensure the program continues to run smoothly, we need your help.

I do need to highlight an urgent matter: two of our age managers have recently left, so we are in immediate need of new age managers to step up. Age managers play a vital role in creating a safe, fun, and rewarding environment for our kids. Without enough age managers, the enjoyment and development of surf lifesaving for our juniors will be significantly impacted.



Nippers
Sunday 27th July

BBQ
Parents of U14s will be sizzling with Anna and her team

REMEMBER
SHELDON pinkie, stinger suit, club hat, towel, water sunscreen, goggles

Sign In
On the beach from 0900 for 0930 start

PARENT VOLUNTEERS
If anyone is keen to become more involved please see JAC Richard or Jill in the office

Shop Open from 0830
Purchase merch, grab a bargain nominate for Etty Bay & more

surf.admin@cairnssurfclub.com.au | 07 4059 1263

If you're interested in becoming an age manager or assistant age manager, I would love to hear from you as soon as possible. This is a great opportunity to get involved, support your children and their peers, and in time, you may even want to pursue your SRC or Bronze Medallion qualifications.

Please consider joining our amazing team, your commitment will help keep our junior program strong and thriving. Any questions feel free to contact me directly 0415 066 423

Looking ahead to this weekend: the weather for Sunday is looking great! A reminder to our U14 parents—it's your turn to help Anna and her team on the BBQ. Your support here is always appreciated and goes a long way in keeping things running smoothly. Also, if your child is planning to compete at Etty Bay, please make sure nominations are in before COB Monday.

Thanks again for all your support
Richard

BBQ 27th July

U14 Parents – it's your turn on the tongs this weekend! Let's bring the heat, have some laughs, and raise some funds for our amazing club! 🍷 🔥

Volunteering on the BBQ is a great way to meet other parents, get involved, and help support our community. If you can spare just 30–45 minutes, we'd love your help!

👉 **Big bonus points** if you're available for **set-up at 7:30am** or **pack-down around 11:30am–12:00pm** – those are the times we need the most hands.

Just drop by the BBQ, say hi, and ask for Anna. Don't forget to wear **closed-in shoes and a hat!**



And of course – if you're not a U14s parent but want to join in, you're more than welcome too! 😊

Branch Board President

Congratulations to our Life Member Fiona Grant on her appointment as Branch Board President.

Fiona has been a long-standing and dedicated member of Cairns SLSC, and her passion for surf lifesaving continues to shine through in everything she does.

This appointment is a testament to her tireless commitment, leadership, and deep understanding of our surf lifesaving.

As a club, we believe there is no one more deserving of this role, and we know she will continue to make a positive impact on the lifesaving movement across the region.



Patrol

A huge shout-out to our amazing volunteer lifesavers, who continue to do a wonderful job keeping our beaches safe every weekend. Rain, shine, or swell—you show up with dedication, professionalism, and a true community spirit. Your commitment doesn't go unnoticed, and we are so grateful for the time and energy you give to ensure everyone can enjoy the beach safely. You're the heartbeat of our club, and we couldn't do it without you!

UPCOMING PATROLS



Sat 26th July PM Team 2
 Sun 27th July AM Team 3
 Sun 27th July PM Team 4
 Sat 2nd Aug PM Team 5
 Sun 3rd Aug AM Team 6
 Sun 3rd Aug PM Team 7
 Sat 9th Aug PM Team 8
 Sun 10th Aug AM Team 1
 Sun 10th Aug PM Team 2

Upcoming Courses

To those who didn't get the chance to enrol in the recent Bronze Medallion (BM) or Surf Rescue Certificate (SRC) course, good news! The Branch will be holding more courses next month, so there's still time to get involved and start your journey as a surf lifesaver.

If you're interested or would like more details, please get in touch with James on 0457 003 029.

We'd love to see more of our members step up and join the team, it's a great way to build skills, confidence, and community spirit!

Members Account

As many will have noticed the members' portal has recently been updated. You may notice that some information is not currently showing correctly. These are teething problems with the new system, but we have been assured that these issues will be resolved soon.

Thank you for your patience and understanding as the updates are completed. If you have any urgent questions or concerns, please don't hesitate to get in touch.

Blue Card

If you are 18 & over & intending on volunteering with Cairns SLSC and/or enrolling onto a course, you will need a blue card, to do so scan on the below QR code. The same code can be used to link your card from another organisation.

SCAN HERE



Child Safety Modules

If you are 18 & over in conjunction with your blue card you are required to complete the Child Safety Modules, these can be found in the SLSQ Hub, within your members portal.

Finding information and keeping up with the news.

Make sure to follow us on Facebook for the latest news & photos

<https://www.facebook.com/CairnsSurfClub>

For information and external links head to our website [**Cairns Surf Life Saving Club | The Surf Club Palm Cove Lifesaving**](#)

Supporters Club!

Oh, and don't forget – **all Cairns SLSC members (18+)** get **free membership** to the Supporters Club! <https://www.cairnslifesaving.org.au/wp-content/uploads/2025/03/Membership-Form-2526.pdf>

Boards For Sale

FOR SALE \$750

Contact Maz: 0448294733.



**Kracka
Mal Board
Good
Condition**



FOR SALE: 2 Used Nipper Boards – Great Condition!

We've got two used Nipper boards up for grabs – both in great condition and perfect for any keen young lifesaver looking to hit the water with confidence!

Ideal for Nippers

Well looked after

Great value

Full details on the photo – feel free to message Elise [0411368901](tel:0411368901) if you're interested or have any questions.

First in, best dressed!



FOR SALE

Used 65kg Nipper Board.

Great Condition!

\$1300

Full details are on the photo – please contact Linda [0432471691](tel:0432471691) directly if you're interested or have any questions.

FOR SALE



**Nipper Board
45kg
\$250 ONO**

Further info contact

Sharon

0410 298 924

Supporters Club

Just a reminder that all members receive free membership to the Supporters Club! Next time you're in, simply ask for a membership form at the bar, or click this link [Membership-Form-2526.pdf](#) to fill one out and hand it in at the Supporters Club reception.

Weekly Events:

- Tuesday, Games Night
- Thursday, Members & Raffle Night
- Friday, All Day Happy Hour

Upcoming Event:

Food & Wine Frolic 2nd August

Book your tickets here [Food and Wine Frolic Tickets, Sat, Aug 2, 2025 at 2:00 PM | Eventbrite](#)



Make sure to check the Supporters Club website for further upcoming events [What's On](#)

2025/26 CAIRNS SLSC BOARD MEMBERS

PRESIDENT
TONY HANNAN



DEPUTY PRESIDENT
BRYAN COATES



SECRETARY
SUE WAY



TREASURER
BRIAN HEGGIE



CLUB CAPTAIN
MAX RIVETT



CTO
PAUL MEAD



JAO
RICHARD YOUNG



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2025/26 CAIRNS SLSC CLUB OFFICERS

SURF SPORTS
SHAUN TAYLOR



GEAR & EQUIPMENT
BOB McPHAIL



BBQ
ANNA RAMSAY



WATER SAFETY
HENDRIK VEENSTRA



SURF BOAT
BRYAN COATES



YOUTH
HANNAH BISSETT



BUILDING &
INFRASTRUCTURE
DOUG RAMSAY



FIRST AID
SHANE WHITE



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2025/26 CAIRNS SLSC CLUB OFFICERS

COMPLAINTS
MANAGER
ROB CAMPBELL



MARINE STINGER



TEAM MANAGER
SENIOR
SHAUN TAYLOR



TEAM MANAGER
JUNIOR
RICHARD YOUNG



TEAM MANAGER
MASTER
BOB MCPHAIL



07 4059 1263 | surf.admin@cairnssurfclub.com.au



www.playbytherules.net.au

I will

- Act within the rules and spirit of the game
- Promote fair play over winning at all cost
- Encourage and support others
- Respect officials' and coaches' decisions
- Thank players, coaches and officials

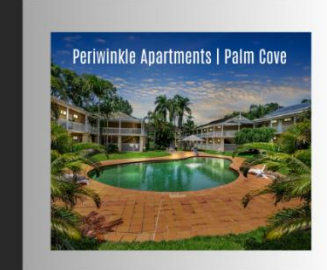
I won't

- Use bad language or harass or abuse anyone
- Criticise or ridicule anyone's performance
- Lose control of my emotions
- Be dishonest or show unsporting behaviour
- Be disrespectful

Play by the Rules is supported by
Australian, State and Territory Governments



CAIRNS SLSC WOULD LIKE TO THANK OUR SPONSORS



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