

# CAIRNS SLSC NEWSLETTER

# Message from Cairns SLSC President, Tony Hannan

It was another impressive performance by Cairns Surf Life Saving Club at the recent Etty Bay Surf Carnival last weekend. For the second carnival in a row, Cairns amassed



over 1,200 points, comprehensively defeating the nearest rival by close to 700 points. There were many standout performances, but a special mention goes to our Under 9 and Under 10 age

groups for their fantastic efforts.

Well done to all our competitors, and a heartfelt

thank you to our dedicated officials, age managers, and water safety officers. These events simply wouldn't happen without your ongoing commitment and support.

As I've mentioned previously, we are still facing challenges in filling key volunteer roles, particularly age managers for the Under 8 and Under 9 divisions, and ensuring we have enough water safety coverage across all age groups. It was also our intention to appoint assistant age managers by the end of this surf season.

So, this is a heartfelt **President's Plea**: I invite all new and existing families within our club to consider contributing in some way to help build a stronger, bigger, and more sustainable Cairns SLSC. Whether it's helping on the beach, pitching in at the BBQ, or assisting with age groups, every little bit counts, and every hand helps.



Our home carnival is just days away, so... C'mon! Be part of the Fun, Family, Friendship, and Fitness.



I'm proud to share that Cairns SLSC, already the largest regional club outside of South East Queensland, has received four nominations for the upcoming SLSQ Awards of Excellence, a true reflection of the dedication and talent within our club community.

- **6** Official of the Year Sue Way
- **Team of the Year** Cairns Masters March Past
- **Yunior Athlete of the Year** Hamish Smallbane
- **Masters Athlete of the Year** Shaun Taylor

In addition, I'll be attending the SLSQ Conference from August 22–24, alongside our Chief Training Officer Paul Mead, Secretary Sue Way, and Gear Steward Bob McPhail. This is a fantastic opportunity for us to connect with other clubs, learn from industry leaders, and bring back fresh ideas and insights to help Cairns SLSC continue to grow, innovate, and thrive.





We're honoured to represent the club at this important event and look forward to sharing the knowledge, inspiration, and recognition with all of you.

Thanks again for your support.

Tony

Your Fun, Friendly, Fitness, Family Club President



# **Update from Cairns SLSC Secretary Sue Way**

#### **TRAILER**

We're excited to share that our brand-new trailer is almost complete, just waiting on the finishing touch: the signwriting! You might have already spotted it



parked at the club, and we're sure it's already turning a few heads with its sleek design and impressive presence.

This incredible addition to our club wouldn't have been possible without the

generous support of Ellis Richardson, whose donation helped bring this project to life. Ellis, thank you for your generosity, your contribution will make a huge difference in how we transport and store equipment, especially during carnivals and events.

We can't wait to see it out and about, proudly displaying our club colours and serving our nippers for many seasons to come!

## **POWERCRAFT OFFICER**

Do you have a passion for surf lifesaving operations and a bit of mechanical know-how? We're currently looking for a Powercraft Officer to join our team. This is a vital role that helps keep our IRBs, jet ski and SSV running smoothly and ensures our patrols and water safety are fully supported.

Theck out the job description on the club website <a href="www.cairnslifesaving.org.au/">www.cairnslifesaving.org.au/</a> for more details. If you're interested or know someone who might be a great fit, we'd love to hear from you!

#### TWO IRB MOTORS FOR SALE

We're upgrading some equipment and now have two IRB motors available for sale. These motors have served us well and are in good condition, perfect for a surf club, boating enthusiast, or training purposes.

If you're interested or would like more information, please contact the club directly.

### **NEW SRCs!**

A huge round of applause for our newest Surf Rescue Certificate (SRC) holders!

Elizabeth Meller, Ellis Rickson, Maycee Donovan, Olivia Stork, Phoebe Pembroke, Arlo

Jarvis, Dylan Tyer, Lacey Taylor, High Yu

These young lifesavers have successfully completed their training & assessments and are now ready to hit the beach and begin their journey as patrolling members.

## **UPDATE ON CLUB REIMBURSEMENT REQUIREMENTS**

Just a quick note that the club's reimbursement policy has recently changed to ensure support goes to those actively contributing time to the club.

To be eligible for reimbursement members now need to have completed 25 hours of volunteer service, water safety, or patrol duties in the previous 12 months before the reimbursement is payable.





# **Surf Sports** Update from Surf Sports Officer, Shaun Taylor

## **ETTY BAY CARNIVAL UPDATE**

Such an incredible weekend at the Etty Bay Carnival, where Cairns SLSC was crowned overall carnival winners!

With an amazing 87 first place finishes across all age groups, our athletes gave it their all & made us proud ©



Rank	Club		Points	1st	2nd	3rd	4th	5th	6th
1	C	Cairns	1228	87	72	49	27	26	17
2	ЕВ	Ellis Beach	558	21	31	34	34	12	15
3	EB	Etty Bay	515	17	26	39	27	15	16
4	PD	Port Douglas	449	33	20	17	17	12	8
5	MB	Mission Beach	390	26	16	11	18	22	12
6	NH	Noosa Heads	33	4	1	1	-	-	-
7	МВ	Mission Beach A	4		_	1	_	_	_

A huge THANK YOU to our incredible volunteers, from water safety to coaches and officials to trailer organisers, photographers, age managers & parents, your time, energy, and passion make days like these possible. We simply couldn't do it without you!

And yes, we're always looking for more hands to help, if you're keen to get involved, we'd love to have you on board.

Massive thanks to <u>Etty Bay Surf Life Saving Club</u> for hosting such a fun, well-run carnival, it was a fantastic day all round!

And a special shoutout to our March Past Team, who showed that all their training is paying off with a sharp and disciplined march, great work, team!

Head over to our Facebook page to see all the fantastic photos from the carnival—so many great moments captured! <u>Facebook</u>



# Cairns SLSC Carnival | August 30-31 | Let's Make It Huge!

Get Ready 😊 Our Home Carnival Is Almost Here! 🏂

It's almost that time again, the Cairns SLSC Carnival is just around the corner, and we couldn't be more excited to host another epic weekend of surf sports, team spirit, and community fun!

# **Competing? Don't Miss the Nomination Deadline!**

If you're hitting the sand and surf as a competitor, make sure your nominations are in by COB Sunday, August 18. All nominations must go through Jill in the office to secure your spot. Late entries incur an additional fee of \$60 and will remain open until 27<sup>th</sup> August.

# Nippers. Is This Your First Carnival?

Welcome aboard! Make sure you've completed your carnival competency before the big weekend. If you're not sure whether you're good to go, check in with your Age Manager at Nippers on Sunday, August 17. And did you know if you just want to compete on the beach or in the water you can... to find out more come and chat to me on Sunday

## Age Managers, Officials, Team Managers & Officials!

As always THANK YOU!!! The time, effort and commitment you show does not go unnoticed.

#### We Need YOU - All Hands-on Deck!

Hosting a carnival takes a village, in addition to our regular volunteers we need everyone's help to make it a smooth and successful event.

Here's how you can pitch in:

- Friday, Aug 29 (afternoon): Set-up crew needed to get the beach ready
- Saturday & Sunday (Aug 30–31): Help on the BBQ cook up a storm and support the club
- Sunday afternoon (Aug 31): Pack-down, many hands make light work!

Whether you can spare an hour or a whole day, your support means everything.

Let's show the surf lifesaving community what Cairns is all about, Fun, Family, Friendship, and Fitness! Please contact Jill 07 4059 1263 | <a href="mailto:surf.admin@cairnssurfclub.com.au">surf.admin@cairnssurfclub.com.au</a> with availability.

Bulletin link with full details - Cairns-SLSC-Carnival-2025-Entry-Bulletin-V2.pdf



# Hamish Shines at the 2025 Australian Pool Rescue Championships!

Congratulations to Hamish on a fantastic performance at the 2025 Australian Pool Rescue Championships in Adelaide!

Travelling from Cairns, where access to training facilities & coaches can be somewhat limited, Hamish's achievements are even more impressive. His results reflect not only his natural talent, but also his determination and strong work ethic. He continues to go from strength to strength, showing maturity and drive well beyond his years.

Hamish achieved outstanding results in both individual and team events:

- 3rd Place U14 Manikin Tow
- ¥ 4th Place U14 Manikin Carry

•

As a vital member of his relay team, Hamish also helped secure:

- i 1st Place Medley Relay
- i 1st Place Manikin Carry Relay
- 3 2nd Place Obstacle Relay



After three days of tough competition, the **Queensland Cyclone State Team** came out on top, winning the **Overall Interstate Point Score** with an impressive **364 points**.

What an incredible effort all round, well done, Hamish and Team Queensland! We can't wait to see what's next.

# **Upcoming Events - Mark Your Calendars!**

- 30–31 Aug– Cairns SLSC Carnival <sup>♀</sup> Cairns Surf Life Saving Club
- 13 Sept Ellis Beach SLSC Carnival P Ellis Beach
- 14 Sept Gran Fondo 📍 Fundraising stall at Cairns SLSC
- 10–11 Oct NQB Surf Rescue Championship Port Douglas
- 11–12 Oct NQB Branch Championships Port Douglas
- 19 October Junior Presentation/Family Fun Day Pairns Surf Life Saving Club
- 31 Oct-2 Nov- North Aussie Championships <sup>●</sup> Mackay
- 22 Nov Senior Presentation Presentation



#### **2025 Training Schedule** 2025 CAIRNS SLSC TRAINING SCHEDULE Day Time Nippers/Juniors U8-U14 Youth U15-U17 Greencaps U6 & U&7 Training will commence when the nets come out. Training will commence when the nets come out & conclude the Requirements: Sheldon pinky, green/club noddy and Sunday before North Aussies. stinger suit. Requirements: Sign attendance register, Sheldon pinky for all sets & club noddy. Monday 0600-0645 Tuesday Boards U11-U14 Boards Boards By invitation when competent Wednesday 0600-0645 Skis Skis Thursday 0600-0645 Boards U11-U14 Boards Boards By invitation when competent Friday 0600-0645 Skis Skis 0645-0745 Skis Skis Sunday 0730-0900 U11-U14 Junior Development Jet Ski, IRB Training Jet Ski, IRB Training By invitation when competent Age restrictions apply to certain All JD kids are also required to attend nippers aspects Bacon & egg burger Bacon & egg burger 0800-0930 Irons 0930-1100 Greencaps U8-U14 Nippers/Juniors 0930-1130

If you have any questions, please don't hesitate to contact me:

Shaun, Surf Sports Officer, at <a href="mailto:surfsports@cairnssurfclub.com.au">surfsports@cairnssurfclub.com.au</a>



# Junior Activity Update from JAC Richard Young

As we head into another month, I wanted to take a moment to say a big thank you to all our incredible parent helpers. Your support on the beach each week is what keeps everything running smoothly, and it's very much appreciated.

That said, we're still in urgent need of more Age Managers, especially for our U8 and U9 age groups. If you've ever considered helping a bit more or stepping into a leadership role, now's the perfect time. You don't need to be an expert, just willing to support, guide, and encourage our nippers. And it





doesn't even have to be because you have a child currently in the club; perhaps your own children are now grown up, and your experience and expertise over the years could be exactly what we're after. We'll help you every step of the way. If you're interested or have questions, please come and have a chat with me on Sunday 17<sup>th</sup> I'd love to hear from you

We're also gearing up for our first carnival on the 30th & 31st of August, and it's always a great weekend of fun and friendly competition. Just a reminder: all competitors must have completed their carnival competency before participating. If

you're unsure whether your child is eligible, please speak to your Age Manager or come and check in with me directly this Sunday. And did you know if you just want to compete on the beach or in the water you can... to find out more come and chat to myself or Shaun on Sunday.



SHOUTOUT to Nell Ramsay who on 3<sup>rd</sup> August was awarded Nipper of the Week. Nell is always there with a helping hand, a big smile, and words of encouragement for everyone around her. Whether it's on the beach or during training, her positive attitude lifts the whole team & for this she was a very deserving winner.

For our Greencaps families, we're excited to announce that you'll have your very own carnival on Saturday 31st August at 10:15 AM. It's a fantastic opportunity for our youngest members to experience the spirit of competition in a relaxed and fun environment.

And finally, something to look forward to... our End of Year Junior Presentation & Family Fun Day which is shaping up to be something rather special! Mark your calendars now for Sunday, 19th October, from 10 AM to 2 PM. We're planning a celebration that the whole family will enjoy, think smiles, sun, and a few surprises!

Thanks again for all you do to support our club and kids. I look forward to seeing you Sunday 17<sup>th</sup> on the beach for a 930am start.

Richard

Junior Activities Coordinator (JAC)



# **CTO update from Paul Mead**

So far this year we have had members complete their BM, SRC, and IRB courses. Well done to all these members who have advanced their skills! There is still time for others who would like to add a new award to their name this year too!



#### **UPCOMING COURSES**

Before the end of the season there will be courses for the following awards:

- First Aid / ART
- Surf Rescue Certificate and Bronze Medallion
- IRB Crew and Drivers likely at Mission Beach
- Patrol Captains likely in November ready for next season!
- A couple more SSV inductions as well for those who want to drive the SSV

Keep an eye on the WhatsApp and future newsletters for dates to be announced very soon!

#### **SKILLS MAINTENANCE**

As well as that, we also have our annual skills maintenance coming up. There will be four opportunities at our club to get this done. If you don't make our club ones, then you will need to attend a session at another club.

This year skills maintenance has changed slightly. The following will be conducted.

- Run 100m, Swim 100m, Tube Rescue to return to shore with the run and swim out only being timed 3.30min.
- Signals
- CPR

Radios, spinal, and board rescue are not being conducted in skills maintenance this year. So, Patrol Captains will be asked to review these skills on patrol with everyone.

IRB drivers and crew and Jetski operators will also have a more in-depth skills maintenance this year covering some new techniques that have been introduced.

ART award holders will complete their skills maintenance as part of the CPR component of the SRC/BM.

Those with the marine stingers award will need to complete a drag on Patrol once the nets are in to maintain their award.

If you would like to read more about it all, click here.

#### FAQ's

## I didn't do my SRC / BM skills maintenance last year, what do I do this year?

You will need to do a pool swim first, then complete this year's skills maintenance. You will be sent an email about the pool swim in the next two weeks.



## I didn't do my IRB skills maintenance last year, what do I do this year?

You can do this year's skills maintenance as it is going to be an 'in-depth' skills maintenance.

## What if I can't do any of the club dates for skills maintenance this year?

There are multiple skills maintenance sessions across the branch. You can attend any of the other clubs' sessions. Just notify Branch northqueensland@lifesaving.com.au (cc in cto@cairnssurfclub.com.au) to let them know.

I'm injured and don't think I can fully complete the skills maintenance this year. What should I do?

Contact Paul at cto@cairnssurfclib.com.au to discuss.

# **Champion Lifesaver**

Annabel will be conducting Champion Lifesaver training Sunday 17th August in the Club Room from 2pm (no water involved this week) and Sunday 24<sup>th</sup> from 1pm (full details to follow)

The Champion Lifesaver event is an individual competition which combines physical, theoretical and practical elements. The ultimate winner is the person who scores the highest combined points after completing all three elements. A perfect score is 120.



# BBQ 17th AUG

## Did you know that so far this year, the BBQ has raised nearly \$11,000?!?

Who would have thought that something as simple as flipping snags could bring in that much cash?! 😊 🥏



Every sizzle, every mustard squeeze, and every cheeky chat over the grill has helped us get closer to our goals, and it's all thanks to Anna and her amazing team!

This Sunday, it's the **U11 parents' turn** to take charge of the BBQ tongs! Let's fire up the grill, share some laughs, and raise important funds for our fantastic club! 🥙 💧



Helping on the BBQ is a fantastic way to connect with other parents, get involved, and support our community. Even if you can only spare 30-45 minutes, your time will make a huge difference!

🢪 Extra kudos if you can pitch in for **set-up at 7:30am** or **pack-down between 11:30am and 12:00pm**, these are the times when we really need extra hands.

Just swing by the BBQ on the day, say hello, and ask for Anna. Don't forget to wear closed-in shoes and a hat for safety!

Looking forward to seeing you there!

And of course, if you're not a U11 parent but want to join in, you're more than welcome too! 😂





# **PATROL**

So far this season, our incredible lifesavers have clocked an outstanding 2,188 hours on patrol! That's 2,188 hours of dedication, vigilance, and keeping our beaches safe. &

On top of that, our amazing water safety officers have contributed an impressive 382 hours supporting training sessions, carnivals, and nipper events!

Thank you to every single volunteer who's pulled on the red and yellow or thrown on an orange rashie you're the heart of our club!  $\heartsuit$ 





Sat 16<sup>th</sup> Aug PM Team 3 Sun 17<sup>th</sup> Aug AM Team 4 Sun 17<sup>th</sup> Aug PM Team 5 Sat 23<sup>rd</sup> Aug PM Team 6 Sun 24<sup>th</sup> Aug AM Team 7 Sun 24<sup>th</sup> Aug PM Team 8 Sat 30<sup>th</sup> Aug PM Team 2 Sun 31<sup>st</sup> Aug AM Team 1 Sun 31<sup>st</sup> Aug Pm Team 3



## **MEMBERS PORTAL UPDATE. ALL SYSTEMS GO!**

Great news, the updates to the **Members Portal** have now been completed, and everything is up and running smoothly and you should be able to access all your information as normal.

If you haven't logged in for a while, now's a great time to jump back in and check out the updated system. If you do spot anything unusual or have any questions, please let Jill know <a href="mailto:surf.admin@cairnssurfclub.com.au">surf.admin@cairnssurfclub.com.au</a>



# **BLUE CARD**

If you are 18 & over & intending on volunteering with Cairns SLSC and/or enrolling onto a course, you will need a blue card, to do so scan on the below QR code. The same code can be used to link your card from another organisation.

# **SCAN HERE**



## **CHILD SAFETY MODULES**

If you are 18 & over in conjunction with your blue card you are required to complete the Child Safety Modules, these can be found in the SLSQ Hub, within your members portal.

# FINDING INFORMATION AND KEEPING UP WITH THE NEWS.

Make sure to follow us on Facebook for the latest news & photos https://www.facebook.com/CairnsSurfClub

For information and external links head to our website <u>Cairns Surf Life Saving Club | The Surf Club Palm Cove Lifesaving</u>



# **SUPPORTERS CLUB**

Just a reminder that all 18+ members receive free membership to the Supporters Club! Next time you're in, simply ask for a membership form at the bar, or click this link Membership-Form-2526.pdf complete & hand it in at the Supporters Club reception.

#### Weekly Events:

- Monday, Bingo Night
- Tuesday, Games Night
- Thursday, Members & Raffle Night
- Friday, All Day Happy Hour

## **Upcoming Event:**

Father's Day Beer & Brisket. To book call 07 4059 1244



#### TV Screen:

Have you seen it yet? Honestly, how could you miss it?!

Thanks to the generous support of Sheldon Realty, the Supporters Club have installed a brand-new, MASSIVE TV screen in the Garden Bar, and it's an absolute game-changer!

Whether you're catching the footy or just kicking back with mates after patrol, this screen is here to take the Garden Bar experience to the next level.



Come check it out next time you're at the club... but trust us, you literally can't miss it!

Make sure to check the Supporters Club website for further upcoming events What's On





07 4059 1263 | surf.admin@cairrnssurfclub.com.au

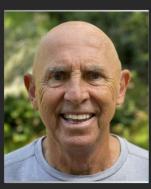


# 2025/26 CAIRNS SLSC CLUB OFFICERS





GEAR & EQUIPMENT BOB McPHAIL



BBQ ANNA RAMSAY



YOUTH HANNAH BISSETT

WATER SAFETY HENDRIK VEENSTRA



BUILDING & INFRASTRUCTURE DOUG RAMSAY



SURF BOAT BRYAN COATES

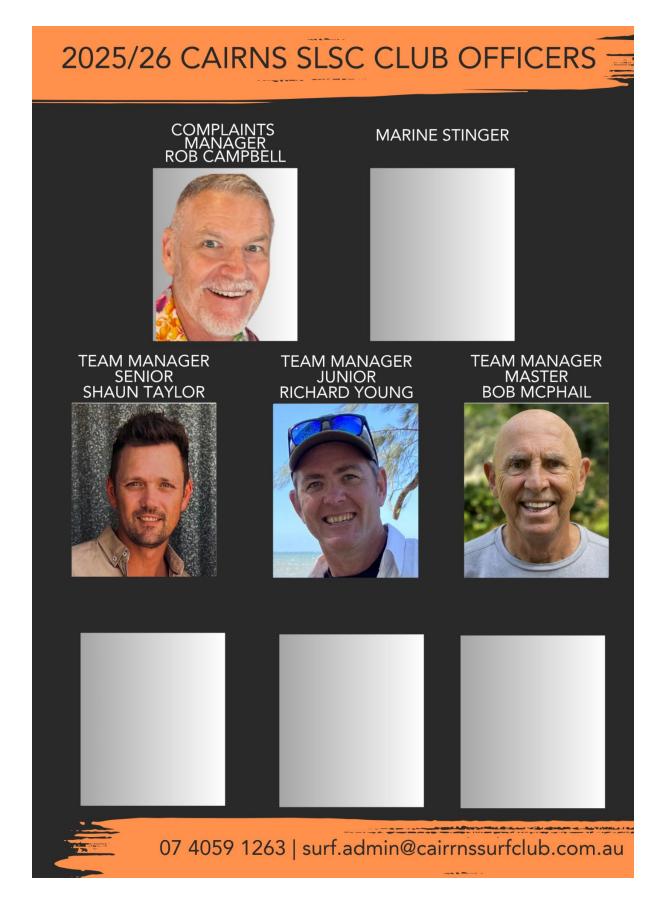


FIRST AID SHANE WHITE



07 4059 1263 | surf.admin@cairrnssurfclub.com.au



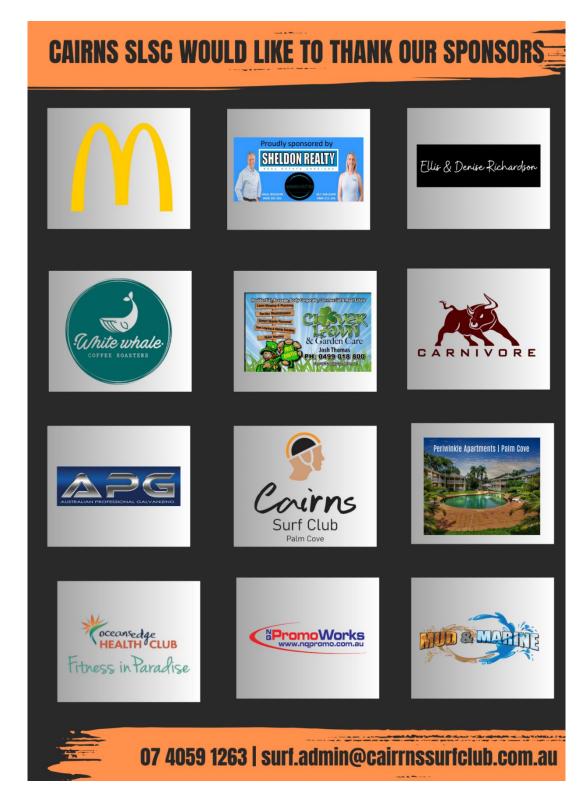






Play by the Rules is supported by Australian, State and Territory Governments





**SHOUTOUT to Paul Sheldon**, Director of our valued club sponsor **Sheldon Realty**, who recently suffered an unfortunate accident resulting in a broken ankle. While Paul may be temporarily sidelined, he's definitely not out—and with the support of the Cairns SLSC community behind him, we know he'll be back on his feet and doing what he does best in no time.

Wishing you a speedy recovery, Paul!



