

CAIRNS SLSC NEWSLETTER



Message from Cairns SLSC President, Tony Hannan

Our 2025 surf season is gaining momentum and disappearing fast!

With the Ellis Beach Carnival happening this weekend, we're just one month out from the Port Douglas Branch Carnival, followed by the North Aussies in Mackay three weeks later. Patrols will continue through to the end of November, so there's still plenty of action ahead.

We're now entering the business end of the competitive season, with just seven weeks to go. If you're serious about competing, now's the time to lift your game!

On top of that, we've got four Skills Maintenance sessions, as well as upcoming SRC and Bronze Medallion courses. Please mark these in your calendars and remind your fellow clubbies and friends, staying current is essential.

The importance of keeping our skills sharp was highlighted just last Saturday when Patrol 4 responded to an IRB water rescue after someone jumped from the Palm Cove jetty. Feedback from Comms described it as a slick, professional operation, and our entire club applauds the team's quick and capable response.

Let's not forget, our number one priority is saving lives. 🍆 🔼



Last month, I had the opportunity to attend the SLSQ Conference in Brisbane. It was incredibly inspiring and a fantastic chance to connect with other clubs across Queensland. I came away feeling energised, motivated, and far more knowledgeable about how we can continue to grow and improve as a club, both on and off the beach.

I'd also like to extend a big thank you to those who have stepped up and responded to our call for more help with club operations. The journey isn't over yet, and any contribution, big or small from our new members and families is truly appreciated. If you're keen to get involved, don't hesitate to reach out to our fantastic Club Administrator, Jill.

A quick note on this weekend's Ellis Beach Carnival: it will run Saturday only, with a multi-club teams' format and no points awarded. It's a perfect opportunity to embrace everything we're about: Fun, Family, and Friendship.

Thanks again for all you do — on the beach and behind the scenes.

Yours in Surf Lifesaving, Fun, and Fitness



Update from Cairns SLSC Secretary Sue Way

Just a quick update on a couple of exciting developments at the club!

We're expecting **delivery of two new Fenn skis** within the week, a fantastic addition to our equipment that will further support our training and competition efforts. Big thanks to everyone involved in making this happen!

We're also currently **looking into installing a fence along the back of the car park** to improve the security of our building and grounds. This is an important step in keeping our equipment safe and our facilities secure for all members.



As always, thank you for your continued support, we'll keep you updated as things progress!

Surf Sports Update from Surf Sports Officer, Shaun Taylor

Home Carnival Wrap-Up

From the outside, our recent home carnival looked like a great success, and overall, it absolutely was! The atmosphere was fantastic, our competitors shone, and the sense of community was strong throughout the day.

Oiu	ріе	aderboard							
Rank	Club		Points	1st	2nd	3rd	4th	5th	
1	C	Cairns	1628	109	99	60	46	38	:
2	EB	Ellis Beach	538	20	28	35	31	14	1
3	PD	Port Douglas	485	34	24	14	20	17	1
4	МВ	Mission Beach	292	18	8	11	13	24	1
5	EB	Etty Bay	196	3	13	15	9	8	1
6	Y	Yamba	47	5	2	1	1	-	
7	BR	Board Rescue Non Comp	6	1					

Behind the scenes, however, it wasn't without a few challenges. A shortage of volunteers meant we had to reduce the number of arenas from three to two. While not ideal, our team pulled together brilliantly to keep things running as smoothly as possible. We're already looking ahead to next year with plans to improve and avoid the same hurdles, so if you're considering getting

involved in the future, we'd love to hear from you!

We're also incredibly proud to share that our club recorded 109 wins and was crowned the overall winning club, what an outstanding achievement! Congratulations to all our competitors, coaches, age managers, officials', water safety and support crew ©

Head over to our Facebook page to see all the fantastic photos from the carnival—so many great moments captured! <u>Facebook</u>

Upcoming Events – Mark Your Calendars!

- 13 Sept Ellis Beach SLSC Carnival P Ellis Beach
- 14 Sept Gran Fondo Prundraising stall at Cairns SLSC
- 11–12 Oct NQB Branch Championships Port Douglas
- TBC NQB Surf Rescue Championship [₱]
- 19 October Junior Presentation/Family Fun Day Pairns Surf Life Saving Club
- 22 Nov Senior Presentation Presentation Presentation





NQB Championship Competition Eligibility

Ref - NQB Statement - Champion Competition Eligibility

Award members who wish to participate in any SLS Championship competition conducted by North Queensland Branch must fulfill their patrol and /or service hour requirements relevant to their category of membership. Under no circumstances shall any member be granted an exemption from patrol obligations solely for competition reasons.

To compete at the North Queensland Branch Championships, new award members and re-joining members who gained their award or regained their proficiency that year, require a minimum of four patrol hours plus proportionate additional patrol and service hours, up to the minimum hours detailed in Table 1. – Defer to BoLS

month award gained	Apr		May		Jun		Jul		Aug		Sep		
Option A patrol hours	25		2	24		20		16		12		8	
Option B	10	15	10	14	8	12	6	10	5	7	3	5	
patrol /other													

North Aussies, 31 Oct-2nd Nov

The 2025 North Australian Championships will be held in Mackay from Friday, October 31st to Sunday, November 2nd.

This premier event brings together surf lifesavers from across the region (and beyond) to compete in a wide range of surf sports disciplines. From the beach to the surf, competitors will showcase their strength, skill, and teamwork in events such as beach sprints, board and ski races, ocean swims, IRB races, relays, and more.

Open to Under 11 to master's the North Aussies are a highlight of the northern surf sports calendar and a fantastic opportunity for athletes to challenge themselves against the best in the region.

More information will be available soon!

In the meantime, it's definitely worth looking into accommodation options. As of today, the following places still have availability:

Mid-City Motor Inn, Macalister Street, 07 4951 1666, stay@midcitymotel.com.au

- 31 rooms available, room types and rate details given below-
- 14 Standard king 1 bed \$140
- 5 Twin king- 1 king and 1 single bed \$150
- 6 Executive room 1 king and 1 single separate bedroom \$180
- 4 Family room 1 king and 3 single \$200



SEPTEMBER 2025

Coral Cay Resort, Nebo Road, 07 4957 7677 reservations@coralcayresort.com.au

Room Type	Inventory	Configuration	Rate	No Service, 2 night minimum
Queen Hotel	20	1 x Queen Bed	\$155 per room, per night	\$147 per room, per night
Queen Superior	10	1 x Queen Bed	\$165 per room, per night	\$157 per room, per night
Spa	5	1 x King Bed	\$209 per room, per night	\$195 per room, per night
King Balcony	SOLD OUT	1 x King Bed or 2 x Single Bed		
Triple Room	SOLD OUT	1 x Queen Bed & 1 x Single Bed		
Family Suite	SOLD OUT	2 x single & 1 Queen Bed (Kitchenette)		
2 Bedroom Unit	SOLD OUT	2 x single & 1 Queen Bed (Kitchenette)		
2 Bedroom Suite	SOLD OUT	1 x Single & 2 x Queen Beds		
3 Bedroom Unit	SOLD OUT	2 x Single & 2 x Queen Beds (kitchenette)		



If you have any questions, please don't hesitate to contact me: Shaun, Surf Sports Officer, at surfsports@cairnssurfclub.com.au



Junior Activity Update from JAC Richard Young

Can you believe it's September already?! Time flies when you're having fun on the beach!

Let's kick things off with a massive SHOUT OUT to our awesome August Nippers of the Week, and an extra-loud round of applause for our August Nipper of the Month, Nell Ramsay!



3rd August

• U13 – Nell Ramsay

17th August

- Greencap Tyler Myhill
- U8 Milo Jackson
- U9 Elsie Farnsworth & Matilda Leary
- U10 Archie Sparkes
- U11 Shamajah Bevan
- U12 Maileh White
- U13 Eve Dempsey
- U14 Hugh Yu

24th August

- Greencap Paddy Frear
- U9 Chase Duncan
- U10 River Satori
- U11 Flynn Coverdale
- U12 Lucinda Coverdale
- U14 Olivia Stork



Huge congrats to Nell Ramsay! * Nell has been an absolute standout this month, always ready with a helping hand, a big smile, and kind words for her teammates. Whether it's on the beach or at training, her positive energy lifts everyone around her. Way to go, Nell! 6

Cairns Carnival - Thank You!

A big thank you to everyone who helped at the Cairns Carnival, your support is always so appreciated!

I know I sound like a broken record, but we genuinely do need more hands-on deck. Getting more people involved helps prevent burnout, spreads the load, and most importantly, ensures our carnivals run smoothly and safely for everyone.

As we head toward the end of the season, it's also a great time to start thinking ahead to next year. Whether you're a seasoned volunteer or considering getting involved for the first time, we'd love to have you on board. Every bit of help makes a big difference and helps set us up for an even better season ahead!





SEPTEMBER 2025



A Big Weekend Ahead!

Get ready for a huge weekend of fun and action:

- Saturday 13th September Ellis Beach Carnival
- Sunday 14th September Nippers

We'll also be supporting the Gran Fondo Palm Cove by manning the Aid Station in front of our BBQ and we'd love your help! If you're free and want to cheer on the riders while supporting our awesome volunteers, come along and join the fun. Help on the BBQ will be needed as usual Θ

This year's theme is Halloween – so come dressed in your spookiest gear! Let's make this final Gran Fondo one to remember!
 ★ Let's keep the energy high and the smiles wide.

Gran Fondo Sun 14th Sept. Traffic Notice

Due to the Gran Fondo event, traffic conditions around Palm Cove will be affected. The 48km ride kicks off at 7:00 AM in front of the Supporters Club, so please plan and allow extra travel time. You may need to park on Olivia Street and take a short walk down to our car park.

To help you plan, please see the map for road closures and recommended parking.

For further details click on this

Road Closures - Port Douglas Gran Fondo Festival

Upcoming Carnivals

Keep an eye out for the bulletins which should be hitting your emails soon for the upcoming North Queensland Branch Championshsip including the Champion Lifesaver Championships and the North Australian Championships.

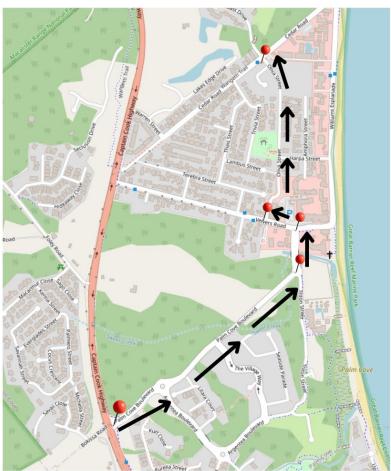
Richard

Junior Activities Coordinator (JAC)

SUNDAY 14TH SEPT

Changed Traffic Conditions 0500-1030





Head down Palm Cove Blvd
Left on Triton
Left on Veivers Rd, right onto Olivia St
Park on Olivia St
Walk towards Cedar Rd, turn right onto Cedar Rd,
follow road to Cairns SLSC

Be prepared for a short wait while accessing Veivers Rd, to allow cyclists through



CTO update from Paul Mead

We have some training coming up to finish off the season with.

This is really important training as it provides you with awards that support the club for the start of next patrol season.

This year we have 8 patrol teams. We would really like to increase this to 10 next year to reduce the number of patrols everyone does each season. We can only do this if we are able to increase the number of people who hold awards that we are short of.



2025 SKILLS MAINTENANCE & BRANCH COURSES

		SKILLS	MAINTENANCE
Date	Time	Venue	Skills Maintenance
21st Sept	900	Mission Beach SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
21st Sept	1230	Port Douglas SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
28th Sept	900	Mission Beach SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
28th Sept	900	Cairns SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
5th Oct	900	Ellis Beach SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
5th Oct	900	Mission Beach SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
6th Oct	1000	Etty Bay SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
18th Oct	1300	Cairns SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
19th Oct	900	Ellis Beach SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
19th Oct	1300	Port Douglas SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
25th Oct	900	Cairns SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
9th Nov	1300	Cairns SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB
30th Nov	1000	Etty Bay SLSC	Observers, Radios, SRC, BM, Resus, ART, IRB

BRONZE MEDALLION & SRC								
Date	Time	Venue	Component					
26th Oct	0900-1200	Cairns SLSC	Observer/Radios					
8th Nov	0900-1200		Pool Swim/Rescue Intro					
15th Nov		Branch	FA/ART Course					
23rd Nov	0900-1200	Cairns SLSC	RSR, Water Rescues					
30th Nov	0900-1200	Cairns SLSC	Spinal, Final Assessments					

BRANCH COURSES									
Date	Time	Venue	Component						
17-19th Oct	1800 onwards	Mission Beach SLSC	IRB Course						
9th Nov	1800-2100	TEAMS	Silver Medallion Patrol Captains Course						
9th Nov	1800-2100	Branch	IRBD Training/SM Patrol Captains Course						
13th Nov	1730-2130	Branch	FA						
15th Nov		Branch	FA/ART						
20th Nov	1730-2130	Branch	ART						
29th Nov			IRBD Assessmnet						

-Patrol Captains – We need more patrol captains to increase our teams to 10.

-IRB Crew and Drivers – We are critically short of drivers! The pathway to getting your drivers is starting your crew award this year!

-Advanced Resuscitation Techniques – A critical award for each patrol. Having several people on each patrol with this award really helps!

Please consider doing at least one of these awards this year, it really helps your patrol mates, and the club. Some of the courses are now on e-learning to enrol.

Several first aid courses are also being conducted.
There is an online component and then the face-to-face for a few hours at branch. This course is nationally accredited, so

can count for your employment as well. It needs to be done every three years.

Most of the courses are now on e-learning to enrol.

Got questions? Please email me at cto@cairnssurfclub.com.au
Thanks Paul



SIZZLING SUCCESS. OUR BBQ FUNDRAISING HITS A NEW HIGH!

What a year it's been for our legendary club BBQ!

Thanks to the amazing support of our club families, friends, and wider community, we've raised a staggering \$16,000 through BBQ fundraising efforts this year, an absolutely phenomenal result!

At our recent home carnival alone, the BBQ made a profit of over \$4,000, which is a huge contribution to our club's fundraising goals. Every sausage sizzled, every burger flipped, and every drink sold has helped us continue to support our club to purchase much needed vital training and lifesaving equipment.



A special thank you goes to Anna for her fantastic organisation and leadership, pulling together a great team that keep things running like clockwork. And of course, we can't forget our all-day, every-day BBQ regulars: Steve, Doug, and Chris. Your commitment and energy are truly appreciated!

To all the other amazing volunteers who jumped on the tongs, served with a smile, restocked supplies, or supported in any way, thank you! It's this kind of club spirit that makes everything possible.

And the best part? **BBQ season isn't over yet!** If you're keen to lend a hand, there's still time to get involved. Whether it's an hour on the grill or helping behind the scenes, every bit counts, and we'd love to have you on board.

We're incredibly proud of what we've achieved and so grateful for the community behind it. Here's to more great times, and great BBQs, ahead!



VOLUNTEER HOURS UPDATE – AS OF END OF AUGUST 2025



Our amazing lifesavers have racked up a massive 2,614 hours on patrol and water safety so far this season! That's 2,614 hours of dedication, vigilance, and keeping our beaches safe and welcoming for everyone. 🢪 🔼

A huge thank you to every single volunteer who's pulled on the red and yellow, or thrown on an orange rashie, you are the heartbeat of our club. 💜 💛

Below is a shout-out to the legends who've clocked the most hours across Patrol, Water Safety, and Other Roles (including officials, trainers, BBQ crew, shop helpers and more). Thank you all for your incredible contribution, we couldn't do it without you! 🤲 🦥

Patrol Hours		Water Safety H	ours	Other Hours	All Hours			
1	Hamish Mead	64.38	Lucinda Eveans	31	Richard Young	103.23	Paul Mead	142.97
2	Max Rivett	51.14	Mark Bamford	29.67	Paul Mead	91.63	Richard Young	137.51
3	Marilyn Woods	44.25	Gerard Smallbane	25.73	Doug Ramsay	83.75	Hamish Mead	94.63
4	Ken Doyle	42.28	Hendrik Veenstra	20.5	Anna Ramsay	82.5	Annabel Grant	90.78
5	Mark Colbridge	40.79	Sophie Pedersen	18.5	Annabel Grant	78.5	Doug Ramsay	83.75
6	Alastair Yeabsley	39.95	Ava Bamford	16.25	Barb Chauvin-Hartma	69.25	Anna Ramsay	82.5
7	Ed Lukin	36.75	Shiho Myhill	16	Stephen Langtree	59.67	Barb Chauvin-Har	69.25
8	Paul Mead	35.42	Paul Mead	15.92	Michelle Langtree	38.67	Max Rivett	66.39
9	Matt Lamont	34.1	Shaun Taylor	14.92	Fiona Grant	32.5	Mark Bamford	61.92
10	Sarah Wanden	33.78	Louise Bernstein	14	Natasha Rivett	31.5	Stephen Langtree	59.67

Award members wishing to compete at the North QLD Branch Championships make sure you have enough hours to do so... don't leave it until the last minute

month award gained	Apr		May		Jun		Jul		Aug		Sep	
Option A patrol hours	2	25 24		20		16		12		8		
Option B	10	15	10	14	8	12	6	10	5	7	3	5
patrol /other												



PATROL

SHOUTOUT to Team 4 for their incredible rescue on September 7th!

Led by PC Rob Campbell, the team responded swiftly and decisively to a potentially tragic situation at the Palm Cove Jetty. A man had entered the water in an attempt to retrieve a shoe and quickly found himself in serious danger.

Thanks to the quick actions of Rob and his team, along with support from Queensland Police Service (QPS) and Queensland Ambulance Service (QAS), the man was pulled from the water just in time. After recovering briefly at the scene, he was transported to Cairns Hospital for further care.

What could have ended in disaster was prevented by outstanding teamwork, professionalism, and a fast response.



Well done to all involved, true heroes in action.



Sat 13th PM Team 7 Sun 14th AM Team 8 Sun 14th PM Team 1 Sat 20th PM Team 2 Sun 21st AM Team 3 Sun 21st PM Team 4 Sat 27th PM Team 5 Sun 28th AM Team 6 Sun 28th PM Team 7



LUNCHES

Just a quick reminder for Sundays when the BBQ is running, the preference is that you eat from the BBQ if you're grabbing food. We totally understand that some of you might want to wait towards the end of your shift to eat & there has been the odd occasion when the BBQ is finished, and that's absolutely fine!

However, under no circumstances should anyone be helping themselves to food from both the BBQ and the Supporters Club. (Not that any of you would... 😌)

Thanks for your understanding and for keeping things fair for everyone!





SPOTLIGHT ON THE JAC AND AGE MANAGERS

We'd like to take a moment to recognize the incredible work of our Junior Activities Coordinator (JAC), Richard, and all our dedicated Age Managers who look after our nippers with great care and commitment.

Richard approaches his role both seriously and personally, often double-checking every detail to ensure everything runs smoothly and everyone has a great time. Behind the scenes, he spends countless hours supporting the junior program, making sure our nippers are safe, happy, and well cared for.

Our Age Managers also play a vital role, dedicating their time and energy to guiding and supporting the kids at every step. Together, this team is the backbone of our junior activities.

That said, with more parents stepping up to help, the program could flourish even further. Additional support would not only lighten the load on our current team but also allow us to offer more activities, provide greater individual attention to each nipper, and enhance the overall experience for the kids. When more hands get involved, it creates a stronger sense of community, fosters valuable connections among families, and helps build a positive, inclusive environment where everyone thrives. Your involvement, no matter how big or small, makes a real difference in enriching the program and ensuring its continued success.

If you're a parent or caregiver interested in getting involved, we'd love to hear from you! Whether it's helping out as an Age Manager, assisting at events, or supporting in other ways, every bit of help makes a big difference.

Thank you to Richard, our Age Managers, and all the parents who contribute their time and enthusiasm. Your efforts truly make a difference!





BLUE CARD

If you are 18 & over & intending on volunteering with Cairns SLSC and/or enrolling onto a course, you will need a blue card, to do so scan on the below QR code. The same code can be used to link your card from another organisation.

SCAN HERE



CHILD SAFETY MODULES

If you are 18 & over in conjunction with your blue card you are required to complete the Child Safety Modules, these can be found in the SLSQ Hub, within your members portal.

MEMBERS PORTAL UPDATE. ALL SYSTEMS GO!

Great news, the updates to the Members Portal have now been completed, and everything is up and running smoothly and you should be able to access all your information as normal.

If you haven't logged in for a while, now's a great time to jump back in and check out the updated system. If you do spot anything unusual or have any questions, please let Jill know surf.admin@cairnssurfclub.com.au

FINDING INFORMATION AND KEEPING UP WITH THE NEWS.

Make sure to follow us on Facebook for the latest news & photos https://www.facebook.com/CairnsSurfClub

For information and external links head to our website <u>Cairns Surf Life Saving Club | The Surf Club Palm Cove Lifesaving</u>



SUPPORTERS CLUB

We're thrilled to share that our very own Venue Manager, Kate Noonan, has just been awarded the *Industry Shining Star Award* at the ARCA Gala!

If you've ever attended one of the Supporters Club incredible events, enjoyed a new promotion, relaxed on the swings, or taken part in the Food & Wine Frolic, then you've already experienced Kate's creativity and vision in action.

She's also the driving force behind our exciting renovations, including the garden bar and our massive outdoor TV, always working to modernise and enhance the club for our community.



It's no surprise that under her leadership, we were also named a finalist for *Best Pub/Club in North Queensland* this year. Kate's passion, innovation, and commitment shine through in everything she does.

We're incredibly lucky to have her leading our team, Congratulations, Kate, you legend!

REMINDER: that all 18+ members receive free membership to the Supporters Club!

Next time you're in, simply ask for a membership form at the bar, or click this link Membership-

Form-2526.pdf complete &

hand it in at the Supporters Club reception.

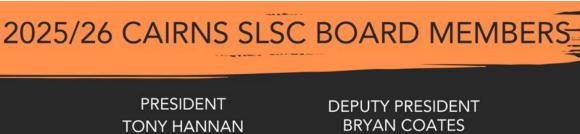
Weekly Events:

- Monday, Bingo Night
- Tuesday, Games Night
- Thursday, Members & Raffle Night
- Friday, All Day (12noon-7pm) Happy Hour



Make sure to check the Supporters Club website for further upcoming events What's On







BRYAN COATES



SECRETARY SUE WAY



TREASURER BRIAN HEGGIE



CLUB CAPTAIN MAX RIVETT



CTO PAUL MEAD



JAO **RICHARD YOUNG**



07 4059 1263 | surf.admin@cairrnssurfclub.com.au



2025/26 CAIRNS SLSC CLUB OFFICERS

SURF SPORTS SHAUN TAYLOR



GEAR & EQUIPMENT BOB McPHAIL



BBQ ANNA RAMSAY



WATER SAFETY HENDRIK VEENSTRA





YOUTH HANNAH BISSETT



BUILDING & INFRASTRUCTURE DOUG RAMSAY

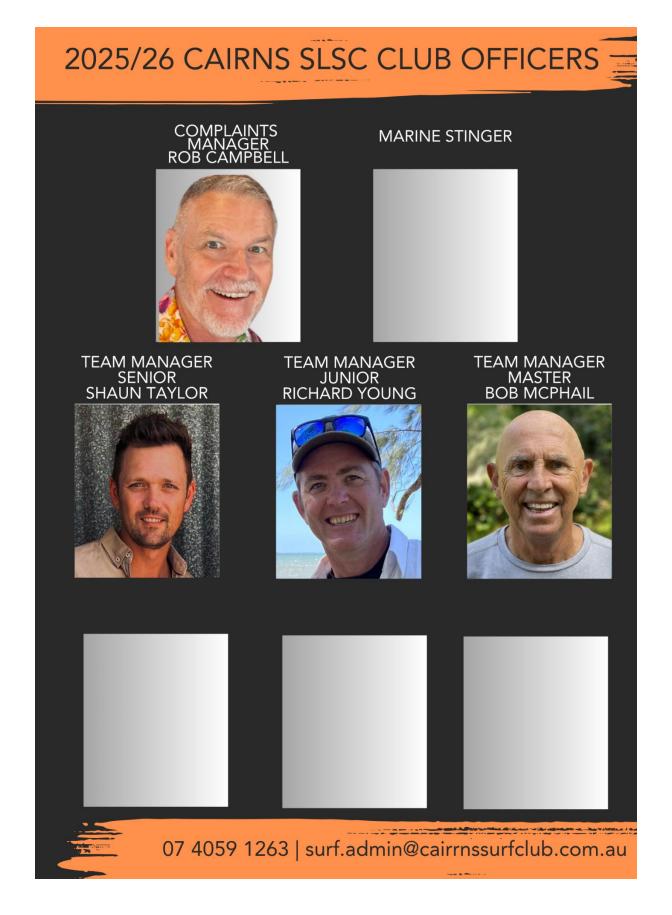


FIRST AID SHANE WHITE



07 4059 1263 | surf.admin@cairrnssurfclub.com.au









Play by the Rules is supported by Australian, State and Territory Governments



Promoting Positive Participation in Surf Life Saving 🔼

We're proud to support the Play Well Partner Activation Program, an initiative designed to show all Australians that they have a place in sport.

This program encourages safe, inclusive, and respectful environments where everyone, from juniors to masters, volunteers to spectators, can enjoy being part of surf lifesaving.

Let's work together to Play Well, Stay Well, and Support Each Other!





CAIRNS SLSC WOULD LIKE TO THANK OUR SPONSORS



























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