

# 2026 Training Schedule

**Commence Dates: Seniors, Masters, U11-U14 Boards Tuesday 26th May, Junior Development Sunday 7th June**

Day	Time	Venue	Greencaps U6 & U7	Nippers U8-U14	Youth U15-U17	18+
<b>REQUIREMENTS</b>			<b>Sign attendance register, pinkie, green/club nobby &amp; stinger suit</b>		<b>Sign attendance register, pinkie &amp; club nobby</b>	
Monday						
Tuesday	0600-0645	Palm Cove		Boards U11-U14 By invitation only, arrangements are determined by SSO	Boards	Boards
Wednesday	0600-0700	TBC			Skis Ski Preference will be given to those who can compete	Skis
Thursday	0600-0645	Palm Cove		Boards U11-U14 By invitation only, arrangements are determined by SSO	Boards	Boards
Sunday	0630-0730	Palm Cove			Skis	Skis
	0730-0900	Palm Cove			Irons	Irons
	0745-0900	Palm Cove		U11-U14 Junior Development By invitation only, arrangements are determined by SSO		
	0930-10:45	Palm Cove	Greencaps			
	0930-1130	Palm Cove		U8-U14 Nippers		

All U14 athletes will start in Junior Development on Sundays.  
Selected athletes may be invited into Senior Iron sessions at the discretion of the Surf Sports Director, based on skill level, readiness and safety.

Club skis are prioritised for scheduled training sessions. Outside these times, members may use them subject to availability. As equipment is limited and shared, fair and responsible use is expected.

