



Cairns Surf Life Saving Club

# Cairns SLSC Newsletter

Welcome to our new look newsletter. We are using this new format to improve the way you receive information. Click a post and be taken to a webpage where you can read more.

This format allows you to have a brief overview in an easy to read format in your inbox.

Patrolling In Paradise Since 1924.

# URGENT- This is a President's Plea



Jill Boltz  
Administrator



It's only three weeks to the best Ironman Triathlon in the world (as voted by athletes) on our home beach Palm Cove.

To date there has been a slow uptake by Cairns SLSC water safety with only 32 members responding and NQ Branch are pleading for more commitment.

This event raises in excess of \$6K for our club..... provided we have similar coverage to last year. We need another IRB Driver and Crewie, 10 plus Board Paddlers and 15 plus Beachies.

So Cairns Club, let's kick our season off in a big way. Embrace and become part of the 2026 Cairns Ironman Water Safety family.

Click the link below to volunteer <https://form.jotform.com/251110245679050>

# Help Us Help You



Jill Boltz  
Administrator



**JUST ONE THING**

Give a little, help a lot,  
volunteer for simple tasks that keep our  
Nippers safe and smiling.

- Help set up or pack down the beach
- Help pack the trailer
- Help on the barbecue
- Clean gear at shed
- Keen? Scan Here

**JUST ONE THING FROM YOU  
MEANS EVERYTHING TO OUR NIPPERS!**

# Starfish Nippers



Jill Boltz  
Administrator



# Starfish Nippers

## BEACH SAFETY & WATER AWARENESS FOR ALL ABILITIES



### What is Starfish Nippers?

An inclusive, modified surf lifesaving program for young people of all abilities. Focus on building water confidence, beach safety skills, fun, friendship, and community inclusion.



### Who is it for?

Young people aged 6 years and above  
Individuals with physical or intellectual disabilities  
Participants needing a supportive environment



### Program Details

Location: Palm Cove  
Dates: Sun 26th July, 2nd & 16th August  
Time: 9:00AM with regular Nippers sessions



Contact James Czencz: 0407 632 363 | [captain@cairnssurfclub.com.au](mailto:captain@cairnssurfclub.com.au)

# We Are Back



Jill Boltz  
Administrator





## NIPPERS. FIRST DAY AT THE BEACH

We're excited to welcome everyone back for our first beach session of the season this Sunday at 9:30am!

We are expecting a busy morning, so please allow plenty of time to arrive, park, and get organised before activities begin.

 Need club kit? The shop will be open from 8:30am for any last-minute purchases.

 Parking Club parking is available off Cedar Road in our club car park.

 Pool Evaluations Reminder If your child has not yet completed their pool evaluation, please contact Richard at [jac@cairnssurfclub.com.au](mailto:jac@cairnssurfclub.com.au) by Friday 29th May. Unfortunately, if this is not completed, the kids won't be allowed into the sea.

We can't wait to see all our Nippers back on the sand for another great season! 



# 2026 Nippers



## Palm Cove Beach Dates

- 31st May
- 7th June
- 21st June
- 28th June
- 12th July
- 26th July
- 2nd Aug
- 16th Aug
- 23rd Aug
- 6th Sept
- 20th Sept
- 4th Oct
- 18th Oct

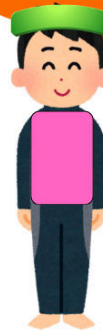


## Carnivals

- 18/19 July Mission Beach
- 8/9 Aug Port Douglas
- 29/30 Aug Etty Bay
- 12/13 Sept Cairns
- 10/11 Oct NQB Champs Ellis Beach
- 30/31 Oct 1 Nov North Aussies Mackay



## Remember



- Stinger Suit
- Club Noddy
- Pinkie
- Sunscreen
- Towel
- Goggles

Something warm to wear

To keep up to date, don't forget to download the Stack Team App



Join Cairns SLSC (web)



Download app links

## 2026 Patrol Roster & Teams



### Attaches

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## Youth Excellence Program



Jill Boltz  
Administrator



The State Membership Services Committee are calling for expressions of interest from members interested in being a Participant & Leader or Mentor at the SLSQ Youth Excellence Program to be held 19th – 21st September 2026. This year the program is being held at QCCC Brookfield, QLD.

For full information please read the relevant attachment below.



YEP Participants  
353.3 KiB



YEP Leaders & Mentors  
335.4 KiB



## NQB Education & Courses Calendar 2026



Jill Boltz  
Administrator



Please note dates are subject to change.



NQB Education Course Calendar  
3.4 MiB

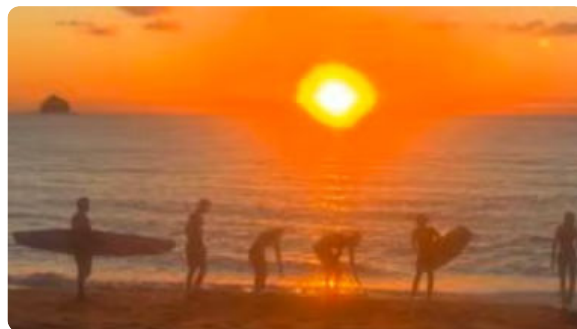


Please note dates are subject to change.

## 2026 Training Schedule



Jill Boltz  
Administrator



2026 Training Schedule  
298.0 KiB



## 2026 Carnival Dates



Jill Boltz  
Administrator



2026 Carnival Dates  
199.7 KiB



## SLSA Sports Manual



Jill Boltz  
Administrator

Surf Sports



[Introduction - Surf Sports Manual 38th Edition - October 2025](#)

The Surf Life Saving Australia (SLSA) Sports Manual is the official guide for all surf sports activities under SLSA. It provides comprehensive rules, regulations, and best-practice guidelines for competitions, training, and athlete development. The manual ensures consistency, safety,

and fairness across all levels of surf sports, covering events such as beach sprints, surf races, board and ski events, and team relays. It is an essential reference for athletes, coaches, officials, and clubs participating in surf sports programs.

## Ironman Swim Start & Shuttle Bus



Jill Boltz  
Administrator



These positions are a great way to get up close to the action without getting wet. It involves an early start but it's worth it. Keen? Sign up below.

### Volunteer Registration – Rosterfy

All volunteers **must register and apply for their shift via Rosterfy.**

Unique group registration link:

<https://ironmangroup.rosterfy.com.au/invite/ZfAADxH3oGkgXCGm5pBrbllRbXO5ouFy0Aa3w6m0CZCDvG5TShmY68B4q9FQ>

**New volunteers:** There are two steps:

1. Register personal details
2. Apply for the shift

A Volunteer Registration Instruction Manual is attached with step-by-step instructions.

**Returning volunteers:** Volunteers who have registered for previous IRONMAN events can log in via <https://ironmangroup.rosterfy.com.au> using their email address and password and then apply for their shift.

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## Stack Team App



Jill Boltz  
Administrator



From Friday 01 May 2026

Stack Team App will be the Club's official communication platform

for all nonpatrolling communications, including:

Nippers and Surf Sports updates

Training schedules and changes

Events and carnivals

Newsletters and documents

General club announcements

This change allows the Club to:

Use one official, central communication channel

Ensure messages reach the correct groups (age groups, squads, teams)

Improve recordkeeping and transparency

Better support member safeguarding and child safe practices

Please see below attachments for further information and how to download Stack Team App.



Stack Team App Member Information

64.7 KiB



Stack Team App Onboarding

285.1 KiB



## IRONMAN Changed Traffic Conditions



Jill Boltz  
Administrator



It's that time of year already! 🏊

If you're available to help with water safety at this year's Ironman on Sunday 14th June or the Green Island Swim on Thursday 11th June, we'd absolutely love your support!

Please jump onto the link below and complete the form if you can help: 🙌

<https://form.jotform.com/251110245679050>

This is one of our biggest and most important fundraisers for the club, last year we raised over \$6,000, and that was thanks to our amazing volunteers like you! 🙌

Your time on the water makes a real difference and is hugely appreciated.

For those wishing to help and not get wet, information will be coming soon.

Attached below are the changed traffic conditions



Cairns Ironman Changed Traffic Conditions  
355.8 KiB



## Membership



Jill Boltz  
Administrator



A friendly reminder that Club membership fees are now due. We still have quite a few memberships outstanding.

If you have not yet made payment, please head to your members portal to renew, or if you need assistance, please contact [surf.admin@cairnssurfclub.com.au](mailto:surf.admin@cairnssurfclub.com.au) as soon as possible.

Please note that membership archiving will begin in June for unpaid memberships where no contact has been made.

As mentioned, the easiest way to renew is by logging into your Members Portal and following these steps:

More → Membership → Organisation → Renew → Select your category/price → Make payment (if required)

The new fees are listed below:

Active \$90

Award \$50

Nippers U6-U14 \$75

Associate \$50

Nipper Parent \$50

We accept PlayOn! Sports Vouchers

[Play On! Sports Vouchers](#) | [Recreation, sport and arts](#) | [Queensland Government](#)

If you have any trouble accessing your account or completing your renewal, please don't hesitate to get in touch, I'm happy to help.

[surf.admin@cairnssurfclub.com.au](mailto:surf.admin@cairnssurfclub.com.au)

## Merchandise



🎁 Merch is back + better than ever! 🎁

We're excited to let you know that our Cairns SLSC merch has been fully restocked, and we've also added some brand-new items to the range! 🙌

Whether you're after something practical, something to wear proudly, or a great gift idea, there's something for everyone in this latest drop.

👉 Check out the attached price list for all the details

📎 **Attaches**  
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Pop in and grab your favourites before they sell out again! Every purchase helps support our club 🧡❤️

## Child Safety



📎 **Attaches**  
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Child Safety is Our Top Priority

At Cairns SLSC, the safety and wellbeing of every child is our highest priority. We are committed to providing a safe, inclusive, and supportive environment for all Nippers and young members.

Our programs operate under strict Surf Life Saving Australia child safety policies, and all staff, volunteers, and coaches undergo comprehensive training, including working with children checks. We take proactive steps to ensure a positive experience, monitoring all activities and maintaining a culture of respect, supervision, and care.

Parents and guardians are always encouraged to engage with our team, ask questions, and provide feedback — because keeping our Nippers safe is a shared responsibility.

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## Patrol Roster 2026



The countdown is on for our first Patrol on the 3rd of April.

A huge thank you to each of you for committing to patrol for Cairns SLSC in 2026, lifesaving is the heart of our club, and your dedication makes it all possible.

Attached you will find:

- 2026 Patrol Teams & Final Roster

ⓘ **Attaches**  
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## Carnival Dates



ⓘ **Attaches**  
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# Membership Fees



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Please note that membership archiving will begin in June for unpaid memberships where no contact has been made.

The easiest way to renew is by logging into your Members Portal and following these steps:

More → Membership → Organisation → Renew → Select your category/price → Make payment (if required)

If you have any trouble accessing your account, completing your renewal or have PlayOn! vouchers to redeem please don't hesitate to get in touch with Jill [surf.admin@cairnssurfclub.com.au](mailto:surf.admin@cairnssurfclub.com.au)

Thank you for your continued support of Cairns SLSC

 **Attaches**  
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## 2026 Age Groups



AGE GROUP 2026/2027												
Age Group	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
U6	2020	2020	2020	2021	2021	2021	2021	2021	2021	2021	2021	2021
U7	2019	2019	2019	2020	2020	2020	2020	2020	2020	2020	2020	2020
U8	2018	2018	2018	2019	2019	2019	2019	2019	2019	2019	2019	2019
U9	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U10	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U11	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U12	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U13	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U14	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U15	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012

Age Groups 2026/2027		
Green Caps	1/10/2020	30/09/2021
Green Caps	1/10/2019	30/09/2020
U8	1/10/2018	30/09/2019
U9	1/10/2017	30/09/2018
U10	1/10/2016	30/09/2017
U11	1/10/2015	30/09/2016
U12	1/10/2014	30/09/2015
U13	1/10/2013	30/09/2014
U14	1/10/2012	30/09/2013
U15	1/10/2011	30/09/2012

What month and year your child was born decides the age group they compete in. Use the chart above to find your child's birth month and year, their age group, e.g. U6, is on the lefthand side.

Our Nipper program on Sundays operates largely on age groups as well. We will sometimes combine age groups or split groups according to ability. The Age Managers and JAC will make this decision on the day according to conditions.

# Cairns Surf Club Palm Cove



Jill Boltz  
Administrator



To find out what is happening at our Supporters Club click on this link

[The Surf Club Palm Cove](#)

Remember, all Cairns SLSC members aged 18 and over receive free membership to the Supporters Club! To get your membership card, simply complete a form at the reception desk or click the link below to print, fill out, and submit it at reception.



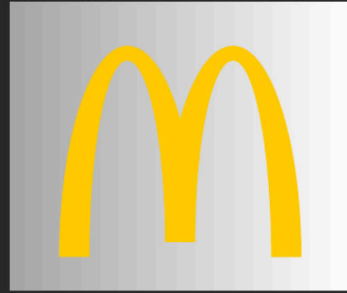
Supporters Club Membership Application  
237.8 KiB



## Sponsors



# CAIRNS SLSC WOULD LIKE TO THANK OUR SPONSORS



# Sponsorship Package



Our Club Sponsorship Package is now available!

Supporting our club means supporting our members, our community, and the vital lifesaving services we provide both on and off the beach. From Nippers to patrol members, carnivals to community events, sponsorship helps us continue to grow and deliver opportunities for all.

We are proud to offer a range of sponsorship options to suit businesses of all sizes, with fantastic opportunities for local organisations to gain exposure while making a real difference in our community.

Our Sponsorship Package is attached below, and we would love for you to take a look or share it with any businesses who may be interested in partnering with our club. Together, we can continue to make a lasting impact.



#### Attaches

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## NIPPERS



Start  
11:00pm, 30 Sat May 26

End  
1:30am, 31 Sun May 26

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## Ironman



Start  
6:30pm, 13 Sat Jun 26

End  
1:30am, 14 Sun Jun 26

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## Green Island Swim



Start  
7:30pm, 10 Wed Jun 26

End  
2:30am, 11 Thu Jun 26

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# Surf Rescue Certificate



2026 SRC Overview

64.1 KiB



Start  
10:00pm, 25 Thu Jun 26

End  
7:00am, 28 Sun Jun 26

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# Lifesaving Development Program



Lifesaving Development Program Parti...

296.4 KiB



Start  
10:00pm, 28 Sun Jun 26

End  
7:00am, 05 Sun Jul 26